



HOLISTIC WELLNESS | SUSTAINABLE | ALL INCLUSIVE | LUXURY | SPECIALTY SPA | SPIRITUAL

HIGHLIGHTS

Unlock mind, body and soul in an oceanfront suite and reconnect with yourself in an array of rituals led by a Shaman as well as classes including yoga, meditation, gong baths, Tai Chi and a Rituals of Sound program.

Imagine a mystical place where ancient roots and sacred rituals interact. A paradise of eco-nuances and intangible delights cocooned between a lush jungle and the glistening Caribbean sea. This is Palmaia, The House of AïA—an all-inclusive holistic and sustainable wellness resort in Playacar, Mexico.

And this is where you are invited to embrace the Gifting Lifestyle Wellness Retreat. Celebrate the complexity of the Riviera Maya while reconnecting with nature, the sanctity of life and the true human spirit. In a region dotted with resorts and hotels, Palmaia stands apart with its location between a pristine white sand beach and cool-water cenotes on the cusp of the undisturbed jungle.

Palmaia Architects of Life

The programming at Palmaia is developed for guests to explore and step outside their usual comfort zones, creating a retreat that goes beyond definition to create new categories of integrated, natural experiences. Palmaia's Architects of Life program encompasses an array of rituals and practices for everyone to join in and learn.

Atlantis Spa

Atlantis is a jungle spa where ancient ceremonies like the storied Temazcal are included in the menu of services. At Atlantis, guests are guided by the Book of the Nine Paths to Health, designed to treat emotions as root causes rather than physical pain.

OFFERS

3-Night Gifting Lifestyle Stay

FROM 0

3 NIGHTS |

The package price displayed is per night for two people, inclusive of taxes and service charges. Single occupancy, more people, extra room(s), upgrades or time of year could increase the price.

Gifting Lifestyle* Package Includes:

- 3 nights in an Oceanfront Queen Suite
- All meals: a la carte breakfast, lunch and dinner with plenty of plant-based options
- 24-hour room service and specially curated healthy minibar
- Premium domestic and international alcoholic and non-alcoholic beverages
- Nomadic Guide and Concierge Service
- Access to a variety of daily personal growth practices and classes from the Architects of Life program
- The Rituals of Sound program live presentations
- Activities for children

*As part of the Gifting Lifestyle stay, every guest enjoys complimentary access to:

Private Beach and pools • Gym & Fitness Center • Chill out lounge with concierge service, Wi-Fi, snacks, a library and music from 7 a.m. until 9 p.m • Pool and beachside service • Dedicated Shuttle • Bike Share • Health Trail • Valet Parking • 2 hidden bays

5-Night Gifting Lifestyle Stay

FROM 0

5 NIGHTS |

The package price displayed is per night for two people, inclusive of taxes and service charges. Single occupancy, more people, extra room(s), upgrades or time of year could increase the price.

Gifting Lifestyle* Package Includes:

- 5 nights in an Oceanfront Queen Suite
- All meals: A la carte breakfast, lunch and dinner with plenty of plant-based options
- 24-hour room service and specially curated healthy minibar
- Premium domestic and international alcoholic and non-alcoholic beverages
- Nomadic Guide and Concierge Service
- Access to a variety of daily personal growth practices and classes from the Architects of Life program
- The Rituals of Sound program live presentations
- Activities for children

* As part of the Gifting Lifestyle stay, every guest enjoys complimentary access to:

Private Beach and pools • Gym & Fitness Center • Chill out lounge with concierge service, Wi-Fi, snacks, a library and music from 7 a.m. until 9 p.m • Pool and beachside service • Dedicated Shuttle • Bike Share • Health Trail • Valet Parking • 2 hidden bays

7-Night Gifting Lifestyle Stay

FROM 0

7 NIGHTS |

The package price displayed is per night for two people, inclusive of taxes and service charges. Single occupancy, more people, extra room(s), upgrades or time of year could increase the price.

Gifting Lifestyle* Package Includes:

- 7 nights in an Oceanfront Queen Suite
- All meals: À la carte breakfast, lunch and dinner with plenty of plant-based options
- 24-hour room service and specially curated healthy minibar
- Premium domestic and international alcoholic and non-alcoholic beverages
- Nomadic Guide and Concierge Service
- Access to a variety of daily personal growth practices and classes from the Architects of Life program
- The Rituals of Sound program live presentations
- Activities for children

* As part of the Gifting Lifestyle stay, every guest enjoys complimentary access to:

Private Beach and pools • Gym & Fitness Center • Chill out lounge with concierge service, Wi-Fi, snacks, a library and music from 7 a.m. until 9 p.m • Pool and beachside service • Dedicated Shuttle • Bike Share • Health Trail • Valet Parking • 2 hidden bays

More Information

Terms & Conditions

Deposits

One night deposit at time of booking. Full Payment will be required 7 days before departure. As a general rule and unless expressly agreed otherwise, rooms may be used from 3 pm on the day of arrival and must be vacated before 12 pm on the day of departure.

- Infant Age/Price: Free under 4
- Children Age/Price: 4- 12 Child rates (70% less than adult price) 13+ Adult

Cancellation

Full refund if cancelled 24 hours prior to arrival. No shows will be charged 100% of the stay.

Contact Us To Book

833.822.2968

Or Go Online

www.Vacayou.com